



Ten Rules of Interviewing

Before stepping into an interview, be sure to practice, practice, practice. A job-seeker going to a job interview without preparing is like an actor performing on opening night without rehearsing.

To help with the interview process, keep the following ten rules in mind:

- 1 Keep your answers brief and concise.**
Unless asked to give more detail, limit your answers to two to three minutes per question.
- 2 Include concrete, quantifiable data.**
Interviewees tend to talk in generalities. Unfortunately, generalities often fail to convince interviewers that the applicant has assets. Include measurable information and provide details about specific accomplishments when discussing your strengths.
- 3 Repeat your key strengths three times.**
It's essential that you comfortably and confidently articulate your strengths. Explain how the strengths relate to the company's or department's goals and how they might benefit the potential employer. If you repeat your strengths then they will be remembered and—if supported with quantifiable accomplishments—they will more likely be believed.
- 4 Prepare five or more success stories.**
In preparing for interviews,

make a list of your skills and key assets. Then reflect on past jobs and pick out one or two instances when you used those skills successfully.

- 5 Put yourself on their team.**
Ally yourself with the prospective employer by using the employer's name and products or services. For example, "As a member of _____, I would carefully analyze the _____ and _____." Show that you are thinking like a member of the team and will fit in with the existing environment. Be careful though not to say anything that would offend or be taken negatively. Your research will help you in this area.

- 6 Image is often as important as content.**
What you look like and how you say something are just as important as what you say. Studies have shown that 65 percent of the conveyed message is nonverbal; gestures, physical appearance and attire are highly influential during job interviews.

- 7 Ask questions.**
Good questions require advance preparation. Just as you plan how you would answer an interviewer's questions, write out specific questions you want to ask. Then look for opportunities to ask them during the interview. Don't ask about benefits or salary. The interview process is a two-way

street whereby you and the interviewer assess each other to determine if there is an appropriate match.

- 8 Maintain a conversational flow.**
By consciously maintaining a conversational flow—a dialogue instead of a monologue—you will be perceived more positively. Use feedback questions at the end of your answers and use body language and voice intonation to create a conversational interchange between you and the interviewer.
- 9 Research the company, product lines and competitors.**
Research will provide information to help you decide whether you're interested in the company and important data to refer to during the interview.
- 10 Keep an interview journal.**
As soon as possible, write a brief summary of what happened. Note any follow-up action you should take and put it in your calendar. Keep a journal of your attitude and the way you answered the questions. Did you ask questions to get the information you needed? What might you do differently next time? Prepare and send a brief, concise thank-you letter. Restate your skills and stress what you can do for the company.

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